



British Columbia
Centre of Excellence
for Women's Health

Shifting Landscapes: Immigrant Women and Post-Partum Depression

Thursday May 26th, 2005 2 pm to 4 pm

A Presentation by:

**Marina Morrow, PhD, Jules E. Smith, MA, RCC,
Suman Jaswal, MA, Yuan Lai, PhD**

This is the first qualitative study in BC to explore the post-partum depression experiences of first generation Punjabi speaking, Cantonese speaking and Mandarin speaking immigrant women in Vancouver, British Columbia.

In our presentation we will focus on information that emerged from women's narratives about their experiences with depression. Based on our findings, we emphasize the critical importance of the socio-cultural context of childbirth in understanding post-partum depression including:

- Difficulties transitioning to the socially prescribed roles of wife and mother.
- Women's relationships with their male partners, parents, siblings and in-laws during pregnancy and the post partum period.
- Differences among immigrant women related to individual migration experiences, education, income level and social support.
- Grief and loss and its impact on mood in the postpartum period.

We conclude with recommendations for working with women and strengthening services in the community.

Location:

BCCEWH, Room E311, Women's Health Centre of BC

Street Address:

4500 Oak Street, Vancouver (*Note: Entrance is at Heather and 29th Streets, Parking Lot 3*)

For Information or to RSVP:

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